



# Drawing & Talking

at  
Springwood Primary School

**What is it?** It is a therapeutic approach to address and support the emotions of children.

## Who are they?

Ours is Mrs Bethan Carlson.

She is our specialist teaching assistant who has been trained to work with children who are showing some type of emotional difficulty.

## What do they do?

Mrs Carlson will work very closely with Mrs Hancock. Your child will work for 30 minutes each week for approximately 12 weeks. The session will be on an individual basis.

**What do the children do?** The children will create a drawing each week with only a pencil. Mrs Carlson and your child will then chat about what is in their drawing. All drawings will be kept in an individual file.

## How will my child benefit?

They will:

- 😊 Be more aware of their emotions
- 😊 Improve confidence
- 😊 Increase communication using appropriate language in a private environment
- 😊 Feel better about themselves

## What can you do?

- 😊 Find time to listen to your child
- 😊 Encourage your child to see the positives in every situation
- 😊 Help your child to see things from the view of other people
- 😊 Contact Mrs Hancock if you have any concerns you would like to discuss or if you require further information.

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