



Thrive at Springwood Primary School

What is Thrive?

Thrive is a way of working with children that meets them where they are in their emotional development. Springwood is proud to be a Thrive school and Thrive is embedded in our everyday practice. This ensures that every child and member of our community feel safe, special and have their needs met.

Who are our Thrive practitioners?

We are lucky enough to have 6 Thrive practitioners at Springwood. They are; Miss Wilson, Mrs. Ashmore, Mrs. R. Smith, Miss Meadows, Miss Elysha and Mrs. Millward. They all use their Thrive skills to work with children in different ways; on a one to one basis, in small groups, within our bases or in Nest.



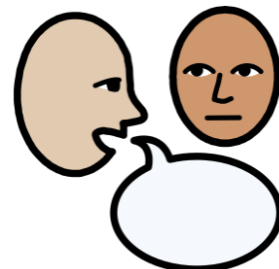
What happens in Thrive?

Children will either work individually with an adult or in a small group. Each child or group will have an action plan to work on key skills within their developmental level. Activities are always play-based and are often messy and creative!

How will my child benefit?

They will:

- Express their emotions in a safe and supported environment.
- Develop their trust in a familiar and safe adult.
- Work on key tasks such as feeling safe, calming strategies and talking about their emotions.



Family Thrive

Miss Wilson is a Family Thrive practitioner and we run Family Thrive courses for adults throughout the year. These are not just for parents or carers of children who are having Thrive but are for everyone who is interested in gaining a further understanding of how to support your child's emotional development.

Please contact Miss Wilson if you have any concerns you would like to discuss or if you require further information on any aspect of Thrive.