



## Music Therapy at Springwood Primary School

### What is Music Therapy?

Everyone has the ability to respond to music, and music therapy uses this connection to facilitate positive changes in emotional wellbeing and communication through the engagement in live music played by the therapist and the child.

### Who is our Music therapist?

Our Music Therapist is Josh Davey-Stuart. He has worked with our children and staff at Springwood for over 7 years and comes in on Thursdays and Fridays. You will find him in our Therapy room tinkling on the piano or strumming the guitar!



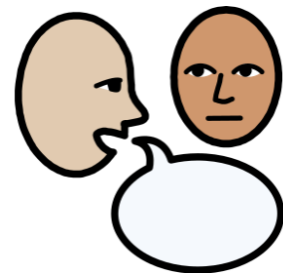
### What happens in Music Therapy?

Your child will work on a one to one basis with Josh exploring different ways to make music. Through the sessions, your child will create their own unique musical language in which to explore and connect with the world and express themselves. Music Therapy continues for as long as the pupil needs it.

### How will my child benefit?

They will:

- Express their emotions in a safe and supported environment.
- Develop their trust in a familiar and safe adult.



Please contact Miss Wilson or Mrs. Watson if you have any concerns you would like to discuss or if you require further information.